

# Session One of a dynamic virtual learning series! *Discovering the Power of Support Circles*



**Wed. November 23, 2022**

**6:30 pm – 8:30 pm**

**Why form a Support Circle? What are the benefits?  
What are the challenges? So much to discover!**

**Presenter Judith McGill, LifePath Training and Facilitation**

Judith is a sibling, independent facilitator, adult educator and author with more than two decades of experience assisting people and families with the development of Support Circles.

**Join us with Judith to explore:**

- Expanding our imagination and thinking differently
- The significance of relationships as a safeguard
- The purpose and intentions of Support Circles
- Benefits of a Support Circle



**REGISTRATION is limited, so early registration is recommended!**

Register on-line at: <https://windsor-essexfamnet.ca/upcoming-events/>

- **Registration will close when Session One is full or by 5 pm Mon, Nov. 21, 2022**
- **Note: some spots have been reserved for interested participants living outside Windsor-Essex**
- **A link to the session will be provided closer to the date of the session**

**INVITE OTHERS:** People and families who are interested in attending are welcome and encouraged to invite others, those who are important in your lives, to join you. This could be a friend, extended family, siblings, a neighbour, former workers, an independent facilitator, coordinator, and/or other supportive professionals.

**This virtual learning series continues in 2023. Save these Wednesday dates!**

- **January 11, 2023: Session Two: Creating a Sense of Belonging to a Community**
- **February 22, 2023: Session Three: Building a Support Circle**
- **April 19, 2023: Session Four: Keeping a Support Circle Alive Over Time**

**Windsor-Essex Family Network** would like to thank our partners and funders with the Windsor-Essex Relationships/Circles Group for making this series possible!

