

## SESSION THREE . . . of Exploring the Power of Support Circles Series

# Building a Support Circle

“Building a learning community together with people, families & allies from Windsor-Essex!”



**Wed. February 23, 2022**

**6:30 – 8:30 pm**

**Why form a Support Circle? What are the benefits?  
What are the challenges? So much to discover!**

**Presenter Judith McGill, LifePath Training and Facilitation**

Judith is a sibling, independent facilitator, adult educator and author with more than two decades of experience assisting people and families with the development of Support Circles.

**Join us for Session Three with Judith to explore:**

- *Strengthening everyone’s voice*
- *Crafting the initial invitations*
- *Formal planning as a starting place*
- *Rites of passage: teenage hood & adulthood*



**Register by noon on Tuesday, February 22, 2022**

On-line at: <https://windsorsexfamnet.ca/upcoming-events/>

Or by email: [info@windsorsexfamnet.ca](mailto:info@windsorsexfamnet.ca)

**A link to the virtual event will be provided the day of the event**

To people and families who are interested: Feel free to invite others to join you, those who are important in your lives. This could be a friend, extended family, siblings, independent facilitator, family coordinator, and other supportive professionals.

**Save the date for the final session in this virtual series!**

- **April 6, 2022: *Session Four: Keeping a Support Circle Alive Over Time***

**Windsor-Essex Family Network** would like to thank our partners with the Windsor-Essex Relationships/Circles Group and our funders for making this series possible!

