

# Session One of a dynamic virtual learning series! *Discovering the Power of Support Circles*



**Wed. October 20, 2021**

**6:30 – 8:30 pm**

**Why form a Support Circle? What are the benefits?  
What are the challenges? So much to discover!**

**Presenter Judith McGill, LifePath Training and Facilitation**

Judith is a sibling, independent facilitator, adult educator and author with more than two decades of experience assisting people and families with the development of Support Circles.

### **Join us with Judith to explore:**

- Expanding our imagination and thinking differently
- The significance of relationships as a safeguard
- The purpose and intentions of Support Circles
- Benefits of a Support Circle



**Register by noon on Tuesday, October 19, 2021**

On-line at: <https://windsorsexfamnet.ca/upcoming-events/>

Or by email: [info@windsorsexfamnet.ca](mailto:info@windsorsexfamnet.ca)

**A link to the virtual event will be provided closer to the date of the event.**

**To people and families who are interested: Feel free to invite others to join you, those who are important in your lives. This could be a friend, extended family, siblings, independent facilitator, family coordinator, and other supportive professionals.**

**Virtual series continues in the New Year. Save these Wednesday dates!**

- **January 12, 2022: Session Two: Creating a Sense of Belonging to a Community**
- **February 23, 2022: Session Three: Building a Support Circle**
- **April 6, 2022: Session Four: Keeping a Support Circle Alive Over Time**

**Windsor-Essex Family Network** would like to thank our partners with the Windsor-Essex Relationships/Circles Group and our funders for making this series possible!



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