

Family Conversations & MORE!

Wed Feb. 3, 2021 - 6:30 to 8:00 pm

Families are gathering together! Won't you join us?



We invite you to be a part of our upcoming family gathering as we get together virtually over Zoom for some conversation, quiet listening, sharing and fun.

The first part of our evening we will hear what some families have done to find moments to laugh through the pandemic, holding on to their sense of humour. (If you have any funny stories or links to share, please let us know!)

During the second part, we will play a virtual game together, led by family leaders/members of Windsor-Essex Family Network - Heather, Donna and Sheena. Heather will host the game, while Donna and Sheena keep score. They will share their favourite game (or two) with us, one that has lightened up the winter for them and their extended family.

Their extended family members enjoyed playing so much that they asked for more game nights. Beyond their extended family, this trio has been asked to host a games night with other social groups they belong to who have heard about their talent. We are pleased they've agreed to lead us in a game or two. Prepare to laugh and have some fun!



A few family leaders including our hosts, thought it would be fun to wear some 'interesting' accessories to get others smiling – a silly hat, funky glasses, boas, any imaginative winter attire! You are welcome to consider this as well – the sky's the limit. However, it is purely optional; it is not a requirement to wear something silly. Most important is to wear whatever is comfortable as you prepare for a light-hearted evening.

As families, we struggle at times to hold things together, thinking about the future, and surviving day-to-day. It takes inner strength and resilience. We experience ups and downs, with good days and bad, on our journeys. This evening is for us to take care of ourselves.

This families' gathering is our chance to build strength and resilience together. It is an opportunity to re-group. Maybe, by the time we are finished, some of us may even have enough confidence to hold a games night with our own family or friends.

RSVP for the **Family Conversations & MORE** evening by going to the upcoming events page on our website <https://windsorsexfamnet.ca> and clicking on the registration link OR by emailing info@windsorsexfamnet.ca

