
Family-to-Family Suggestions

Links to Technology Families Have Found Helpful

“Technology that can help make life easier and safer at home and in the community.”

Organizational Tools

Worker Scheduling

- *Humanity* – online scheduling and team management
<https://www.humanity.com/tour>



Location Identification

Vehicle Tracking

- *GPSPolice*
(site) <http://www.gpspolice.com/>
(products) <http://www.gpspolice.com/products>

Personal/Item Location

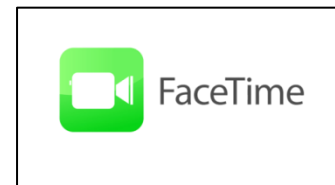
- *Tiles / Angelsense* – various personal locators that use Wifi, Bluetooth, cell signals to help you locate someone or something – small square object tracker.
Example below:
<https://www.thetileapp.com/en-us/>



Communication/Networking

Staying Connected, Checking in

- *Communicating with family and friends to keep up relationships; Connecting to see how your family member is doing, i.e. Facetime, Skype, Video Camera, etc.*
- *Facetime* – Face-to-face calling app for Apple products
<https://support.apple.com/en-ca/HT204380>
- *Video camera, Uses Wifi, on-line or phone tablet app*
Nest Camera: <https://nest.com/ca/cameras/>





Health Management

Activity Tracking

- *Fitbit and Aria scale – monitor sleep, heart rate with Fitbit watch; monitor weight, hydration with scale*
(scale) <https://www.fitbit.com/en-ca/aria#features>
(Fitbit) <https://www.fitbit.com/compare>
(Fitbit app) <https://www.fitbit.com/en-ca/app>

Weight Management

- *Weightgurus – Bluetooth scale, track changes with phone*
(site) <https://weightgurus.com/>
(buy the product) <https://greatergoods.com/products?brand=Weight%20Gurus>

Blood Pressure Management

- *Mobile health wireless Bluetooth blood pressure monitor*
<https://truetosource.co/products/mbh-wireless-bluetooth-arm-blood-pressure-monitor-for-ios-and-android>

Medication Management

- *Epill – automatic pill dispensers that release pills at designated times*
<http://www.epill.com/dispenser.html>

Epilepsy Monitoring

- *Embrace by Empatica – epilepsy monitor watch*
<https://www.empatica.com/product-embrace>



Home Automation, Safety & Security

Garage Door Opener Indoor/Outdoor Lights/ Lamps

- MyQ - Control indoor/outdoor lights & house lamps remotely with a remote, Homelink®, or smartphone app via wi-fi to light areas of your home when necessary
- Compatible with several brands of garage doors to allows you to open/close your garage door remotely
 - (garage opener) <https://www.chamberlain.com/garage-door-openers>
 - (light switch) <https://www.chamberlain.com/smart-light-switch/p/WSLCEV-P1>
 - (about the app) <https://www.chamberlain.com/myq>



Keyless Door Locks

- August – door lock, keypad
 - August smart home – smart lock & smart key pad are August's solutions that allow you to be in control of who is coming and leaving your home from your smartphone
 - (smart lock) <http://august.com/products/august-smart-lock/>
 - (accessories) <https://august.com/pages/accessories>
- Weiser smart code – keyless door locks
 - (all smart locks) <https://ca.weiserlock.com/en/smart/>





**For many other great ideas and products
check out this website**

Enabling Technology

**Showcasing products for people,
families, friends & supporters**

<https://www.enablingtech.ca/>

Home and Personal Safety

Technology families find ‘smart’ without a smart phone

Electric Strike

- *Keeps people safe who may wander; hooked up directly to the smoke alarm. Door will unlock when fire alarm goes off. Information regarding electric strike can be found at: <https://dengarden.com/home-improvement/Electric-Strike-Basics>*

Hot Water Tank Regulator

- *Hot water tank regulator keeps water at safe temperature. For more information: <http://www.wattscanada.ca/pages/learnAbout/temperingValves.asp?catId=1159>*

Induction Burner

- *Shuts off automatically once pan is removed. Becomes cool to the touch within 30 seconds. Information regarding induction burners can be found at: <http://theinductionsite.com/proandcon.php>*

Locks and Latches (Safety 1st)

- *Dishwasher/microwave/cabinet safety strap
<https://www.safety1st.com/ca-en/home-safety/locks-latches/appliance-doors/custom-fit-all-purpose-strap-2pk-ca-hs1710300.html>*
- *Press'n Pull safety latch
<https://www.safety1st.com/ca-en/home-safety/locks-latches/appliance-doors/multi-purpose-latch-ca-120180300.html>*
- *Refrigerator door lock
<https://www.safety1st.com/ca-en/refrigerator-door-lock-ca-hs1870300.html>*

